## St. Francis Institute of Technology, Borivali West Department of Basic Science and Humanities

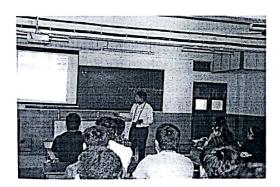
# FE Student Induction Program for Academic Year 2022-23

## Final Report

In accordance with AICTE guidelines mentioned in the SIP handbook, all technical institutions are required to organize a 2-week long Student Induction Program, with the motive of providing a smooth transition from school to college life and to facilitate the holistic development of students. With this aim in mind, the Department of Basic Science and Humanities of St. Francis Institute of Technology, planned a two-week long Student Induction Program.

Owing to the delayed admission of some students, the start date varied across the first three weeks of November 2022. Due to this, the SIP Program had to be conducted in 2 batches. The SIP for the first batch ran from 03 Nov to 17 Nov 2022, while the second batch ran from 14 Nov to 18 Nov 2022.

The SIP started on 3rd of November with a welcome program from 2:00 pm onwards. Thereafter, regular SIP sessions followed from 4th of November from 9:00 am - 4:00 pm. From the positive feedback received by the students, we were able to gather that the SIP 2022 was indeed successful in meeting the aims of this program.





UHV sessions were conducted every day from 9:00 - 11:00 am in respective classes. (The detailed UHV report is attached in a separate file for reference). Following this, there were also introductory sessions of major FE subjects given by concerned subject teachers of respective classes. Proficiency tests were conducted for 3 subjects, namely Mathematics, Science (Physics and Chemistry) and Communication Skills.

Both the introductory sessions as well as the proficiency tests served to introduce the students to the course, its expected outcomes, and also to check their level of proficiency so that they could seek help in the subject areas where they feel they are lacking.

Given below is the day-wise record of the special sessions conducted for the students each day, in addition to the UHV sessions and Subject Introductory sessions and Proficiency tests that were conducted class-wise, as per schedule.

## Day 1: 03 November 2022

The SIP started on 3rd of November with a welcome program from 2:00 pm onwards, wherein the Asst. HOD of the FE Department, Ms. Grishalda D'souza welcomed the students and introduced them to the faculty of the department. A brief introduction to the SIP program was given by the SIP coordinator Ms. Rebecca George, followed by an introduction to the course on Universal Human Values, given by the UHV Coordinator, Ms. Deepa Panakkal.

After the welcome and inauguration, the Student Council and members of various committees, both technical and non-technical, were invited to introduce the various Student Chapters at SFIT.

Following this, the students were asked to fill a Preference Form indicating their choice of extra-curricular activity that they wished to be a part of. They were asked to give one preference for each activity, ranging from Fine arts, Music and Performing Arts, Literary Club Activities and Sports Activities.

## Day 2: 04 November 2022

Expert Lecture by eminent personalities: Lecture 1: Career Guidance by Mr. Hansel D'souza





Mr. Hansel D'Souza, President of the SFITAA, having years of work experience in Corporate, talked about the various aspects of career growth for students. The session was conducted from 2:00 - 4:00 pm at the college auditorium. Firstly, Mr. D'souza demonstrated the importance of attending the sessions regularly as the key to future growth. He discussed the importance of becoming an engineer and the interest of students in a particular field of engineering. He also talked about the various activities to be a part of in the first three years of engineering, so that it

would pay off in the final year. He explained the usage of different equipment, exploring the library and identifying the aim in life. Post the session, there was a Question-Answer round where the students asked about best options to pursue after completing their course, the benefits of different courses in terms of financial growth and the benefit of society and personal growth.

**Day 3: 05 November 2022** 

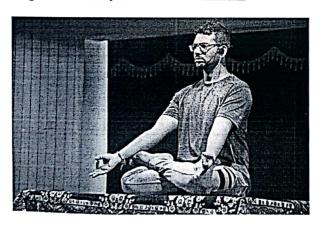
Expert Lecture by eminent personalities: Lecture 2: General Health and Hygiene by Dr. Sharuja Garmode

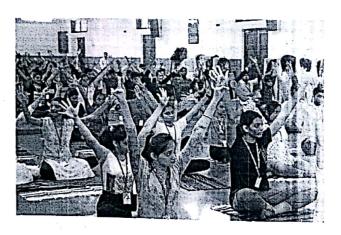




Day 4: 07 November 2022

Yoga Session by Mr. Harish Arekar





A 2-hour Yoga session was conducted for students by our faculty member, Mr. Harish Arekar. He explained the different yoga asanas and highlighted the importance of doing yoga for overall health and physical fitness. He also demonstrated various yoga asanas to overcome different health problems. Students were asked to follow all the poses demonstrated by Sir. Students reported that they felt fitter and more agile at the end of the session.

Library Orientation Session by Ms. Sucheta Prabhudesai & the Library Team





A library orientation session was given by the assistant librarian Ms. Sucheta Prabhudesai. The timing was from 2:00 - 4:00 pm, during which, the students were called to the library in batches of 30 each. During the 20-minute session they were introduced to the steps to get a library card, the different types of cards (topper card, merit card, active user, etc). Ms.Sucheta explained about the book bank facilities, the periodical section with 26 journals and 19 magazines. It was mentioned that question papers would be available for students to access. At the end of the session, all the first year students were given a google form to fill which included some questions about the session as well as their feedback.

## ERP session by Mr. Johnson Penn





Mr. Johnson Penn explained how to use the SFIT ERP site. He discussed how to login to the SFIT site and various links students can go to after logging in. He had a discussion on the various other links for payment options, attendance, grace attendance, achievements, add certificate, interest forms, add application etc. He also motivated them to suggest any changes required for the site. He had a very good and helpful discussion on the topic with the students.

**Day 5: 09 November 2022** 

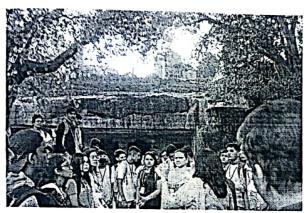
Counseling session by Dr. Merle Coutinho





The students had a counseling session by Dr. Merle Coutinho from 11:15 to 1:15 pm. During this session students were divided into groups of twenty in circles and given riddles to solve for the first ten minutes. The riddles were in relation to emotions and mental states. For example, fear, empathy, acceptance, etc. After this activity, the students were given sheets with situations and questions related to the solution of the situation. After reading the scenario, they had to divide the group into half and find the problems and solutions with reference to the scenario. They were also allowed to perform a skit on it. All the students enthusiastically participated and displayed their skits on stage. After every skit, Dr. Coutinho explained the situations and explained what could be done in those scenarios. The feedback collected at the end of the session from students, revealed that the session was useful for them.

#### Campus Tour





A campus tour was arranged for the students from 2:00 - 4:00 pm. Students were divided into groups of 30 with 3 teachers in charge of each group. They were taken around the campus and shown the important labs, office, library, canteen and other services provided. After the internal tour, students were taken outside the campus to familiarize them with the neighbouring locality. This included the ITI, St. Francis Art and Design college, Printing Press, service centres, MBA college, ICSE/SSC school, CSB bank, Chapel, monastery and St. Francis ground. They were also taken to Mandapeshwar Caves to get an exposure of nearby historical monuments.

### **Day 6: 10 November 2022**

Expert Lecture by eminent personalities: Lecture 3: Responsibility towards Environment by Adv. Afroz Shah

The auditorium was graced with the presence of Adv. Afroz Shah and his team from the Afroz Shah Foundation. The Principal and faculty from other departments also graced the occasion. Adv. Afroz Shah delivered a very convincing and motivating lecture for the protection and safety





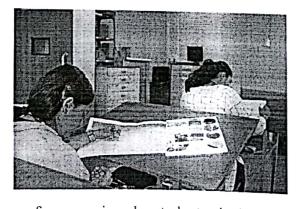
of mother earth and our environment. He told about various factors affecting our environment out of which he focussed on the stoppage of plastic use and littering. He motivated the audience about throwing the garbage properly and also minimizing it by segregating it into dry and wet garbage.

He led an engaging discussion with the students on the co-existence of all the species on earth. Adv. Afroz discussed some government regulations and convinced the students that the greatest change can be done by students through personal resolve to treat the environment responsibly and through applied research which will bring more methods of sustainable development. At the end of the session, students and faculty alike, joined hands to save our Mother Earth with a pledge.

## Creative Practices: Fine Arts Activities









Based on the

preferences given by students via the Google Form, students were divided into different activities as per their interest. The activities ranged from Pencil Drawing, sketching, Painting, Craft, Rangoli, DIY/ Crafts and Photography. Faculty with aligned interests were kept in charge of each of these activities and they encouraged students to create something unique and creative, according to their own interests. These activities took place in different locations around the campus from 2:00 - 4:00 pm.

## Day 7: 11 Nov 2022

## TPO Session by Mr. Wilson Pinto

The Department of BSH conducted a TPO (Training and Placement Orientation) Session with the purpose of introducing the students to the Training and Placement facility provided by the college. The Session was held from 11:15 am - 1:15 pm at the TPO Seminar Room. The resource person for the session was none other than our own Training and Placement Officer, Mr. Wilson Pinto. Dr.Wilson covered the following points in the session: parameters used for selection. role of education in international society mobility, stages of career development, latest Engineering trends in 2020's, platforms to improve coding skills, recruitment process, etc. Mr. Wilson Pinto also shared the placement records of the college from 2017 to 2022, in order to encourage the students to work hard and continue the tradition of getting prestigious placements. The session concluded with a time of Question and answer sharing where the students participated actively by clarifying their doubts and queries.

### Movie Screening and Discussion





We had a movie screening for students from 2:00 - 4:00 pm, where the film Dead Poets Society was shown. Post the movie, students discussed various vital points from the movie during the UHV session on the following day. Batch 2 of SIP was shown the animated movie Encanto.

### **Day 8: 14 November 2022**

## Creative Practices: Music and Performing Arts Activities

Based on the preferences given by students via the Google Form, students were divided into different activities as per their interest. The activities ranged from Music - Instrumental, wind

and percussion, singing - Western and Classical, Dance - Western and Classical, and Beathox. Faculty with aligned interests were kept in charge of each of these activities and they encouraged students to create something unique and creative, according to their own interests. These activities took place in different locations around the campus from 2:00 - 4:00 pm.

**Day 9: 15 November 2022** 

Expert Lecture by eminent personalities: Lecture 4: Entrepreneurship and Social Responsibility by Mr. Aaboo Varghese





There was an expert talk on "Entrepreneurship & Social Responsibility" given by Mr Aaboo Varghese, The Founder and Executive Director of Purnata, an NGO that works to prevent child and women trafficking. Mr. Varghese gave a few real life examples from his own life and the lives of a few rescued women, to enable students to see life through the eyes of the less privileged. At the start of the talk, he made the audience realize that still we are having slavery section majorly ruling in our society as it never ended with the exit of the British. In the next segment, he called up the student's to perform a small activity so that they can understand and absorb the reality behind the beauty that society displays. The speaker mentioned their way of work through different stages that they follow, that is:

VULNERABLE => TRAFFICKED => RESCUED => REHABILITATED => REINTEGRATED

With this, the speaker urged the young audience to use all their golden opportunities to be responsible citizens and be able to give back to the society. The session ended with the Question/Answer session with the audience.

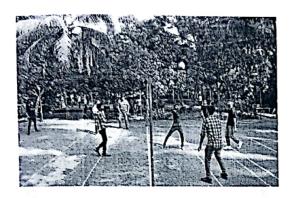
### Creative Practices: Literary Activities

Based on the preferences given by students via the Google Form, students were divided into different literary activities as per their interest. The activities ranged from Debates, Elocution, Drama and Street Play, Stand Up Comedy, Poetry and Creative Writing. Faculty with aligned

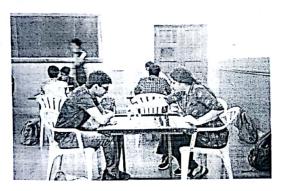
interests were kept in charge of each of these activities and they encouraged students to create something unique and creative, according to their own interests. These activities took place in different locations around the campus from 2:00 - 4:00 pm. They also gave students a few tips to master writing and speaking related activities.

Day 10: 16 Nov 2022

Creative Practices: Sports Activities





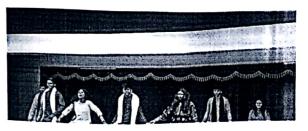


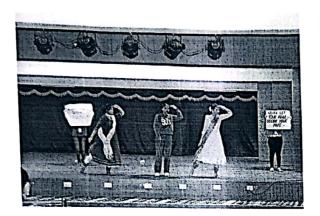


Based on the preferences given by students via the Google Form, students were divided into different sports activities as per their interest. Various Sports were arranged in different locations around the campus from 2:00 - 4:00 pm. Faculty with aligned interests were kept in charge of each of these activities. The help of the Sports Secretary and his team was also taken so as to maximize the output. Students enjoyed themselves thoroughly in playing different sports like badminton, table tennis, volleyball, football, cricket, kho-kho, carroms, chess, kabaddi, relay race, etc.

Day 11: 17 Nov 2022 - Final Day Celebration









On 17 Nov, 2022, the SIP sessions went on as per schedule. The UHV sessions culminated with a sharing session where all students gave their feedback and shared their experiences in their respective classes. Following this, the final day celebration began at 2:00 pm at the auditorium.

The aim of the final day celebration was to provide for the students, a platform for them to showcase the talents they were able to nurture over the course of the two weeks of the SIP. With this aim in mind, the entire program was devoted to the students' performances. The program began with a Welcome and address by the FE HOD, Dr. C. Hariprasad. Students put up various programs like dance, music, drama, beatbox, poetry recitations, etc and connected their performances with the themes of UHV, namely right understanding, nurture for society and environment, peace, brotherhood, etc. Two students from every class were also invited to share their learning experiences through the UHV sessions during the program. The various artworks, photographs and rangoli done by students were also displayed all over the auditorium, making it a sight worth watching.

The program was graced by the presence of our Principal, Dr. Sincy George and various faculty members from other departments. The program as a whole was evidently a success as students were encouraged to showcase their talents, irrespective of whether they were professionally trained for their performances or not. The program ended at 4:00 pm with a group photograph of all the participants and snacks distribution.

## Conclusion

Post the SIP, we shared a feedback form with students where we asked them whether the SIP was successfully implemented to ensure that students have a warm welcome to the institution, whether it encouraged their holistic development and so on. To each of the questions asked catering to each type of session/ program conducted, we got a majorly positive response for questions.

While the SIP Program catered to the majority of students, students who joined the institution on the last day of the admission procedure could not be included in the SIP Program. The only shortfall of the SIP Program was that out of the 8 classes of FE, 6 classes got the benefit of the SIP while the remaining 2 classes who joined after SIP could only be a part of the FE Orientation Program. However, going forward, further orientation sessions will be conducted for all 8 classes, covering the Dean Academics Session, Entrepreneurship Cell Day, TPO session and others.

Overall, the SIP Program 2022 was successful in meeting all the aims and objectives set behind it. The positive feedback of our students is a motivation for the department of Basic Science and Humanities to organize more such events in the future. SIP 2022 would not have been possible without the dedicated support and teamwork of the entire FE staff, under the guidance of the HOD, Dr. C. Hariprasad and Asst. HOD, Ms. Grishalda D'souza.

Ms. Rebecca George

Phys.

Coordinator, SIP 2022

Dr. C. Hariprasad

HOD, Dept of BSH